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WINNIPEG metro®

Tuesday, March 13, 2012

News worth sharing.

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Spy-camera discovered in women's pool change room

Video. City remains mum on who has access to the locked room as police continue to investigate

SHANE GIBSON
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The chair of Winnipeg's protection committee says the door to a women's staff change room at the Seven Oaks Pool was locked when a female employee found a running spy-camera pointed at showers in the room over the weekend.

"Just to clarify, the door was locked," said protection committee chair Coun. Paula Havixbeck Monday, who nodded when asked whether the culprit must have had a key.

"One would think."

The City of Winnipeg would not say who has access to the key or code to get into the locked door.

"That's all part of the police investigation, so not really something we can comment on," said Alissa Clark, communication officer with the city.

Havixbeck told Metro about the locked door following a press conference held at city hall Monday afternoon, where she said change rooms at all city pools have been swept for similar devices.

A swimming instructor found a video camera disguised as a pen sticking out of a feminine-product dispenser in the change room Saturday.

"I think it could become a growing problem. We don't know how long that camera was there," said Havixbeck, adding she'd like to see random sweeps of change rooms at all city-run facilities — not just pools.

"I'd like to see it broadened. This happened at a pool but how many times do we have kids or adults changing in hockey arenas (and) recreation centres?

"Technology is everywhere, it's among us, and there's people who abuse it."

The employee told local media she found video of herself showering when she plugged the camera's USB into a computer.

Winnipeg police said an investigation into the incident began over the weekend but wouldn't confirm whether efforts are focused on city employees.

Winnipeg's protection committee chair, Coun. Paula Havixbeck, holds a camera pen similar to the one found hidden in a staff change room at Seven Oaks Pool, during a press conference Monday.

SHANE GIBSON/METRO

Berry's got big news

Actress' love life just keeps getting better and better PAGE 12

Street signage substandard, says study

Winnipeg's traffic signs are missing, ill-placed and virtually invisible at night, according to Safer Street Solutions PAGE 4

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Report a pothole — patchers are on standby, city says

Pockmarked streets. The City of Winnipeg says it is doing everything to get to potholes quickly

SEAN LEDWICH
For Metro

Pothole-patching crews are ready to come to the rescue — all they need is some citizen input to get cracking.

"Citizens are encouraged to call 311 (to report potholes)," said Ken Boyd, manager of streets maintenance in the public works department.

"We're trying to patch them as quick as we can."

Boyd said the city has three pothole-patching machines currently working on the streets and three more can be tapped at any time.

"These units are very mobile, they're operated by one man," he said, adding drivers are being asked to slow down if they encounter a truck patching a pothole.

In addition to the trucks, the city can call as many as five work crews that hand-shovel potholes.

Record-breaking temperatures in Winnipeg are wreaking havoc on city streets, with melted snow seeping into cracks and then freezing overnight — the main cause of potholes.

The balmy weather is expected to continue, with a high of 11 C for Tuesday and around 17 C for the weekend, according to Environment Canada.

On Friday, the city received more than 80 complaints of potholes and many more are expected this week.

Also on Monday, the city issued an advisory recommending that people with limited mobility take extra precautions when using city sidewalks, due to puddled water and icy sections.

"This time of year it's variable conditions — part of the block may be very icy and then part of it may be fine," Boyd said. "It's very difficult to address."

A city worker commands a pothole-patching machine to tackle several potholes near the intersection of Mountain Avenue and Fife Street on Monday. BERNICE PONTANILLA/METRO

Police swarm Glenwood-area home

Neighbours said two men were led away from this house on Monday morning. SHANE GIBSON/METRO

Residents in a quiet Glenwood neighbourhood had a real-life police drama to watch as they drank their morning coffee on Monday.

Neighbours say around 10 police cars and members of the tactical support team bore down on a two-storey home at 94 Vivian Ave. around 8:15 a.m. after police received a call from a man reporting someone inside was armed with gun.

"All I know is that there were police on our doorstep watching that house for over an hour and police in the back around the garage," said a neighbour who lives next door and didn't want her name used. "My husband saw them, opened the door and the policeman said, 'Something's going on next door, just stay in your house.'

"About a quarter after 10, the cop knocked on the door and said everything is OK.... He said it turns out it was probably a big misunderstanding."

The heavy police presence was nowhere to be seen by 10 a.m., and WPS spokesperson Const. Natalie Aitken confirmed no weapon was found and no arrests were made.

"It's believed that the incident would be classified as being unfounded," she said.

Other neighbours on the block say four of five university students in their 20s have lived in the home for the past two years, and, other than a couple of parties, there has been no trouble from the residence at all.

"I wouldn't have any complaints about them," said a neighbour across the street who asked to remain anonymous. "They had a party when they first moved in, but that's about it."

Police continue to investigate the incident.

SHANE GIBSON/METRO

1 NEWS

On the web

Wi-Fi art thou

Homeless people as Wi-Fi hotspots? While some call the idea tested at SXSW on Monday empowering, others say it's plain old degrading. Get the full story at metronews.ca/video

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Osborne House looking to city for funding

More money needed. The city's EPC to hear request Tuesday morning

SHANE GIBSON
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A Winnipeg safe house that opens doors for women and their children after incidents of domestic violence says funding from the city is needed to maintain service.

Winnipeg's Osborne House Inc. will ask the city's executive policy committee for $450,000 in funding out of this year's operating budget Tuesday morning.

"Cash donations and money from grants just aren't flowing in the way they used to," explained Osborne House Inc. CEO Barbara Judt on Monday. "I believe (domestic violence is) a municipal, provincial and federal responsibility."

Barbara Judt says Osborne House needs $450,000. METRO FILE

The shelter sees 9,000 women and children every year, and Judt notes 85 per cent are from Winnipeg and the Winnipeg Police Service refers 78 per cent of its clients.

Currently the safe house is run through donations and roughly $1.4 million in core funding from the province. This is the first time in its 40-year history the organization has asked the city for funding.

Coun. Paula Havixbeck is a member of the EPC and says she recently toured the facility. Although she hopes the city can find enough money to help, she floated the idea of sharing the extra costs with the province on Monday.

"It's a tough, tough budget year," she said.

Firefighters stop car fire from spreading

A burnt-out Pontiac Pursuit is prepared for pickup on Anderson Avenue after being hauled away from the slightly scorched house behind it on St. Charles Street Monday afternoon. A fire investigator on the scene said firefighters responding to the car blaze prevented it from spreading to the house. The fire is under investigation. SEAN LEDWICH/FOR METRO

Luring

Suspicious man offered girl ride

Police are looking for a man driving a grey-coloured four-door car after a suspicious male offered a ride to a teenage girl in St. James last week.

Police say a man drove up to a 13-year-old girl around 12:30 p.m. last Thursday in the back lane near Ness Avenue and Sturgeon Road, offered the victim a ride, and then continued to drive slowly beside the girl after she declined the offer.

The driver then continued past the victim and stopped in a grocery store parking lot. The female went into the store and waited until she saw the vehicle drive away.

The suspect is described as black, approximately 20 years old, with a skinny build and short, dark, curly hair. He was wearing a white jersey-style shirt at the time.

Anyone with information is asked to call investigators at 986-2839 or CrimeStoppers at 786-TIPS.

SHANE GIBSON/METRO

Chris Sweryda has authored a study that alleges some areas of Winnipeg with poor signage are exploited by police for radar revenue. BERNICE PONTANILLA/METRO

Winnipeg signs inadequate: Study

A three-year study into Winnipeg's traffic signage says the city has "substandard signage practices" and "gross deficiencies."

"I'm hoping the city can be compelled to begin proper signing to follow their own standards.... The standards are there," said Chris Sweryda, a 24-year-old University of Manitoba student and founder of Safer Street Solutions.

In his report, Sweryda states signs are missing, placed too high or too far from the road, and non-reflective, which renders them virtually invisible at nighttime.

In addition, speed-limit signs are the "only traffic signs that are not placed on both sides of divided or one-way roads," unlike many other Canadian cities.

Quotable

"The evidence is there for everyone to see."

Chris Sweryda, student
Speaking on why city signs must improve

Luis Escobar, manager of transportation for the City of Winnipeg, defended the city's signage policy.

"While signs are similar in most Canadian jurisdictions, the installation practices and uses may vary for jurisdiction to jurisdiction," said Escobar in an email.

"For example, Winnipeg uses breakaway poles for traffic signals to eliminate or reduce collisions that could result in fatalities or severe injuries. While this is not the practice in other jurisdictions, it doesn't mean that they are doing something unsafe."

Escobar said the city's practice is to not place 50 kilometres/hour signs along routes because that is the legal urban speed limit. The only exception to this practice is at locations where the speed limit changes from a value other than 50 km/h.

BERNICE PONTANILLA/METRO

Bieber's back. Cardboard cutout returned to store

This calls for a Bieber Alert.

The popular, life-sized cardboard cutout of teenage heartthrob Justin Bieber was returned after being abducted from the southside Booster Juice store where it had stood since October, when the Biebs visited Winnipeg with girlfriend Selena Gomez.

Graham Taylor, the store's owner, offered a $25 gift card for the safe return of the cutout — without any rips, dents or smudges.

The cardboard cutout, which cost $50 and was outfitted with a Booster Juice T-shirt and a cup taped to his hand, has been popular among customers, who've had their photos taken alongside the famed Canadian singer.

Justin Bieber GETTY IMAGES

BERNICE PONTANILLA/METRO

Consultation

Public can speak on centre closures

Residents in the vicinities of two Winnipeg Police Service Centres being proposed for closure are invited to a community consultation on Wednesday evening.

The service centres on the potential chopping block are located at 1400 Henderson Highway and 1085 St. Mary's Rd.

Representatives of the Winnipeg Police Service will be on hand to answer questions.

The community consultation will be held at 7:30 p.m. at the Bronx Community Centre at 281 Henderson Highway.

BERNICE PONTANILLA/METRO

Montreal

Tories recruit councillors

The Conservative organization in the riding of Lac-Saint-Louis recently elected six municipal councillors to its executive committee. City politicians now occupy all but one of the association's executive seats. THE CANADIAN PRESS

Race for Space

Canadians ready for liftoff

Canadians really want to be launched into space.

Metro is sending a lucky reader from one of 16 countries where the newspaper is published to space, and according to recent numbers, 40 per cent of traffic to the contest website has been from Canada.

To apply for Metro's Race for Space, visit metroinspace.com. Entries must be submitted online by March 26. METRO

Murder case

Trial will hear from girlfriend

Testimony resumes Tuesday in a London, Ont., murder trial for Michael Rafferty, charged with killing Tori Stafford, 8. Terri-Lynne McClintic, who has pleaded guilty to first-degree murder, is expected to be the first witness. THE CANADIAN PRESS

Merrit, B.C.

Murderer wins delay in hearing

The family of three children murdered by their father in 2008 is angry the father has won a delay in his latest psychiatric review. Allan Schoenborn asked the B.C. Review Board for an eight-month delay. THE CANADIAN PRESS

Motion

Election watchdog gets new powers

The Tory majority joined to help unanimously pass a non-binding NDP motion Monday that would give the chief electoral officer new investigative powers. However, the motion is not binding on the government. THE CANADIAN PRESS

Huge tobacco lawsuit will take years

Class action. Quebec smokers launch massive case against three tobacco companies

A landmark tobacco case with up to $27 billion at stake started Monday in a Montreal courtroom, with Canada's three largest cigarette companies squaring off against a group of Quebec smokers.

The class-action case is considered the biggest in Canadian history.

The smokers claim in a lawsuit that they were duped for years by big tobacco companies, as they became addicted to cigarettes and then suffered from serious health problems.

One of the lead plaintiffs, Cecilia Letourneau, told reporters Monday during a break from the trial that she started smoking in the 1960s after being "programmed" by industry TV advertisements that made cigarettes seem cool.

The case marks the first time tobacco companies have gone to trial in a civil suit in Canada.

The defendants are Imperial Tobacco Canada Ltd.; Rothmans, Benson & Hedges; and JTI-Macdonald.

In the United States, the tobacco industry has been walloped with legal bills. It has resolved actions by the states with an agreement, signed in 1998, that calls on the companies to pay a minimum of $206 billion US over 25 years. THE CANADIAN PRESS

Smoking was 'in'

"Smoking was in fashion.... I chose to smoke to show that I was 'in.'"

Cecilia Letourneau, a lead plaintiff
On why she started smoking in the 1960s

Plaintiff Daniel C. Charest smokes a cigarette outside a Montreal courthouse Monday. GRAHAM HUGHES/THE CANADIAN PRESS

Online poll. Most OK with same-sex marriage

Three in five Canadians say they want same-sex marriage to remain legal, according to a recent study.

Out of the 1,007 Canadians that responded to Angus Reid's online poll, 59 per cent agreed that same-sex marriage should remain legal, opposed to 14 per cent who believe same-sex couples should not receive legal recognition.

Twenty-two per cent think same-sex couples should only be allowed to form civil unions, but not marry. Five per cent are unsure.

THE CANADIAN PRESS

Tougher sentences. Crime bill set to pass

This time they mean it: Stephen Harper's majority Conservative government is poised to pass its omnibus crime bill and make good on an election promise

A vote in the House of Commons set for Monday evening was to send the massive bill back to the Conservative-dominated Senate, where it could get its final rubber-stamp and royal assent as early as Tuesday.

The bill increases sentences for drug and sex offences, provides harsher penalties on young offenders and makes it more difficult to get a pardon. THE CANADIAN PRESS

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Germany

Germany offers condolences to Afghan people

German Chancellor Angela Merkel, left, at a military camp.
BUNDESREGIERUNG/STEFFEN KUGLER, POOL/THE ASSOCIATED PRESS

Chancellor Angela Merkel made a one-day trip Monday to visit German troops in northern Afghanistan and offered President Hamid Karzai her condolences over the alleged killing of 16 civilians by a U.S. soldier, the government said.

Merkel arrived in Mazar-e-Sharif early in the morning. She originally planned also to visit Kunduz, another northern area where German troops are based, but bad weather meant it wasn't possible to fly there.

The chancellor's previously planned visit came a day after an American soldier allegedly killed 16 civilians. THE ASSOCIATED PRESS

Afghan man recounts what he witnessed on night when 16 were massacred

A survivor's tale. Twenty-six-year-old describes experience of watching his father get shot by gunman

An Afghan man recounted on Monday the harrowing scene in his home as a lone U.S. soldier moved stealthily through it during a killing spree, then crouched down and shot his father in the thigh as he emerged from the bedroom in the deep of night.

A suspect, now in U.S. custody, is accused of killing 16 Afghan civilians in their homes overnight between Saturday and Sunday and then burning some of their corpses.

Afghan President Hamid Karzai said nine of those killed were children and three were women.

"He was walking around, taking up positions in the house — in two or three places like he was searching," said 26-year-old witness Mohammad Zahir, who watched the gunman while hiding in another room.

"He was on his knees when he shot my father" in the thigh, he told The Associated Press. His father was wounded but survived.

Even before the shootings, anti-Americanism was already boiling in Afghanistan over U.S. troops burning Muslim holy books, including Qur'ans, last month on an American base.

The burnings came to light soon after a video purporting to show four Marines urinating on Taliban corpses was posted on the Internet in January.

Now, another wave of anti-foreigner hatred could threaten the entire future of the U.S.-led coalition's mission in Afghanistan.

The recent events have not only infuriated the Afghan people and leaders, but have also raised doubts among U.S. political figures that the long and costly war is worth the sacrifice in lives and money. THE ASSOCIATED PRESS

Men stand next to blood stains and charred remains inside a home where witnesses say Afghans were killed by a U.S. soldier in Kandahar province.
ALLAUDDIN KHAN/THE ASSOCIATED PRESS

Analysis

Killings won't stop handover plans: NATO

The alleged slaying of 16 civilians by a U.S. soldier in southern Afghanistan will not affect plans to turn over security operations to local troops, NATO and member countries said Monday, calling for a quick investigation into the deaths.

NATO spokeswoman Oana Lungescu called for a swift and thorough investigation, but said it was an "isolated incident" and as such would not affect the alliance's overall plans to turn over security operations to Afghan troops by the end of 2014. "This is clearly a tragedy, but it should not be allowed in any way to change the mission, and it doesn't change our commitment to the mission and to the timetable," she told The Associated Press in a telephone interview.

U.S. officials said the suspect, identified as an army staff sergeant, acted alone after leaving his base in southern Afghanistan. THE ASSOCIATED PRESS

Florence. Hidden mural could be lost Leonardo

Researchers may have discovered traces of a lost mural by Leonardo da Vinci by poking a probe through cracks in a 16th-century fresco painted on the wall of one of Florence's most famous buildings.

The latest findings Monday still leave much mystery in the hunt for the Battle of Anghiari, a wall mural painted by Leonardo in Florence's storied Palazzo Vecchio, and possibly hidden behind a fresco done by Giorgio Vasari decades later.

The hunt for the unfinished mural has captivated art historians for centuries, and took on fresh impetus in the last years with the employment of state-of-the-art scientific tools.

Some believe Leonardo's mural, which he began in 1505 to commemorate the 15th-century victory by Florence over Milan at the medieval Tuscan town of Anghiari, may be hidden behind a newer wall, which was frescoed over decades later by Giorgio Vasari.

Leonardo's Battle of Anghiari was unfinished when Leonardo left Florence in 1506.

Encouraging

"The evidence does suggest that we are searching in the right place."
Maurizio Seracini
Engineer, University of San Diego

Maurizio Seracini, an Italian engineer from the University of San Diego, told reporters that the fragments of colour retrieved by the probe in the palace's Hall of the 1500s are consistent with pigments used by Leonardo.

He said an analysis showed that the red, black and beige paint found is consistent with the organic paint Leonardo used on his frescoes.

But the paint could also have been used by Leonardo's contemporaries in Florence, which is awash in Renaissance art. Seracini called the results "encouraging" but preliminary.

The hunt for the missing Leonardo mural is being led by the National Geographic Society and the University of California in partnership with the City of Florence. THE ASSOCIATED PRESS

Defending tradition

An Aymara native man shows coca leaves Monday as thousands of coca producers marched in La Paz in support of "acullicu," the practice of chewing the leaves. Bolivian President Evo Morales took his campaign to decriminalize the coca leaf to a UN narcotics convention on Monday, defending what he said is an ancient and harmless tradition.
AIZAR RALDES/GETTY IMAGES

Tibet protest. Monk sets himself on fire

A teenage Tibetan monk set himself on fire in protest on the anniversary of the failed Tibetan uprising against Chinese rule in 1959, an overseas activist group said Tuesday.

The London-based Free Tibet group said the 18-year-old self-immolated on Saturday in Aba, a town that is under heavy security lockdown in western Sichuan province.

The group says the monk, identified only as Gepey, was from the town's Kirti Monastery, the scene of numerous protests against the Chinese government over the past several years. Most are led by monks who are fiercely loyal to the Dalai Lama, who fled the Himalayan region on March 10, 1959, during an abortive uprising against Chinese rule.

More than two dozen Tibetans, including several teenagers, have set themselves on fire in China over the last year, protesting China's suppression of their religion and culture and calling for the return of the Dalai Lama.

Gepey died after self-immolating behind a military camp, Free Tibet said. The group said locals tried to take his body away but security personnel removed it.

A woman from the county Communist Party propaganda department said she had no information about the incident. Calls to the prefectural Communist Party department and police and county police rang unanswered. A man who answered the phone at the Kirti Monastery hung up when he was asked about the self-immolation. THE ASSOCIATED PRESS

Third this month

Gepey was the third Tibetan this month to self-immolate near a building associated with Chinese authority.

- Earlier in March, another 18-year-old Tibetan man in the same county set himself on fire and walked to a government office building.
- A mother similarly protested outside a police station in Aba town.

Russia, U.S. clash over plans for Syria

United Nations.
Countries debate different proposals to end bloody conflict and restore order in Syria

The United States and Russia clashed over Syria at the United Nations on Monday after the UN's chief urged the divided Security Council to speak with one voice and help the Mideast nation "pull back from the brink of a deeper catastrophe."

Washington and Moscow both called for an end to the bloody yearlong conflict — but on different terms, leaving in doubt prospects of breaking a deadlock in the council over a resolution.

U.S. Secretary of State Hillary Rodham Clinton rejected any equivalence between the "premeditated murders" carried by President Bashar Assad's "military machine" and the civilians under siege driven to self-defence.

Russia's Foreign Minister Sergey Lavrov said Syrian authorities "bear a huge share of responsibility" but also insisted at the meeting that opposition fighters and extremists including al-Qaida are also committing violent and terrorist acts.

Lavrov said if the priority is to immediately end any violence and provide humanitarian aid to the Syrian people "then at this stage we should not talk about who was the first to start, but rather discuss realistic and feasible approaches which would allow (us) to achieve the ceasefire as a priority."

Clinton declared that the Security Council cannot "stand silent when governments massacre their own people, threatening regional peace and security in the process."

The ministerial debate in the council on challenges from last year's Arab Spring was dominated by the yearlong conflict in Syria, which has killed over 7,500 people, according to the United Nations.

UN Secretary-General Ban Ki-moon, who led off the debate, said the conflict has led the entire region into uncertainty and subjected citizens in several cities to disproportionate violence.

Russia, which is Syria's most powerful ally, and China have vetoed two U.S. and European-backed Security Council resolutions which would have condemned Assad's bloody crackdown, saying they were unbalanced and demanded that only the government stop attacks, not the opposition. Moscow accused Western powers of fueling the conflict by backing the rebels.

Earlier this month, the United States proposed a new draft that tried to take a more balanced approach, but diplomats said Russia and China rejected it.

THE ASSOCIATED PRESS

In this photo from Saturday, Aida, 32, reacts as she recovers after the Syrian army shelled her house in Idlib. RODRIGO ABD/ THE ASSOCIATED PRESS

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GOP campaign. Kansas loves Santorum, but can he win Alabama, Mississippi?

Presidential hopeful Rick Santorum won Kansas on Saturday in the arduous Republican presidential race, easily disposing of his rivals in a state where two of them didn't bother to compete.

In early, unofficial results, the staunch social conservative had 51 per cent of the vote in the Kansas caucuses. Mitt Romney came in second with 21 per cent while Newt Gingrich and Ron Paul duked it out for third place. Only Santorum and Paul campaigned in Kansas, however; Romney and Gingrich sat it out. Forty delegates were at stake in the state where Christian evangelicals make up a third of the population and there's a long history of social-conservative activism. But Romney came out ahead in Wyoming. He took six of the 12 delegates up for grabs. Santorum gained three and Ron Paul one. The former Massachusetts governor also boosted his delegate count overnight when he won nine delegates each on the island of Guam and in the Northern Mariana Islands.

The Kansas and Wyoming contests represent a prelude to Tuesday's primaries in Alabama and Mississippi, contests that have taken on a new significance in the Republican race.

THE ASSOCIATED PRESS

Penn State abuse scandal

Former coach's fate still up in the air

A judge has heard arguments but opted not to rule yet on how much information former Penn State assistant football coach Jerry Sandusky should get in advance of his trial on child sex-abuse charges. Judge John Cleland gave no indication when he'd rule on Monday's arguments concerning the "bill of particulars" about the 10 purported victims that the attorney general's office provided Sandusky's attorney two weeks ago. THE ASSOCIATED PRESS

Jerry Sandusky
THE ASSOCIATED PRESS FILE

'A totally different person from the Watergate tapes'

A love letter exchanged between Richard Nixon and his wife, Pat, shown at the Richard Nixon Presidential Library and Museum's upcoming exhibit celebrating Pat Nixon's 100th birthday, in Yorba Linda, Calif. DAMIAN DOVARGANES/THE ASSOCIATED PRESS

Love letters. Richard Nixon's romantic side revealed in notes to his bride in exhibit at presidential library

Long before Richard Nixon rose to power and fell from grace, he was just another man in love.

Decades before he became known to some as Tricky Dick, Nixon was the one penning nicknames (sweet ones) to his future bride in gushy love notes that reveal a surprisingly soft and romantic side of the man taken down by Watergate.

Nixon shared the stage with Patricia Ryan in a community theatre production and six of the dozens of letters they exchanged during their two-year courtship will be unveiled Friday at the Richard Nixon Presidential Library and Museum as part of an exhibit celebrating the 100th birthday of the woman Nixon playfully called his "Irish gypsy."

In Nixon's letters, he recalls their first meeting in flowery prose, daydreams about their future together and waxes poetic about the first time his "dearest heart" agreed to take a drive with him.

Eighteen years after his death, the correspondence offers a tiny window into a fiercely private side of Nixon that almost no one ever saw.

"These letters are fabulous. It's a totally different person from the Watergate tapes that people know. President Nixon started out as an idealistic young man ready to conquer the world and with Pat Ryan he knew he could do it. There's a lot of hope, there's a lot of tenderness and it's very poetic," said Olivia Anastasiadis, supervisory museum curator.

THE ASSOCIATED PRESS

A man in love

"Every day and every night I want to see you and be with you. Yet I have no feeling of selfish ownership or jealousy."

From one of Nixon's letters to his bride

Speedflirt
He winks, she winks back
She flirts, He flirts back
Introducing Speedflirt, a flirty new app for meeting singles in your city looking for love or friendship.
Create a profile, browse profiles and find your match!
Download and install the free app for your mobile device - available on the App Store or also available in Android Market.
Available in Android Market
Available on the App Store

Auto action

Volkswagen aiming higher

Volkswagen AG, Europe's biggest carmaker by sales, said Monday it was targeting a further increase in deliveries and revenues in 2012 despite difficult trading conditions in some European countries. Volkswagen sold nearly 8.3-million vehicles last year, a 14.7 per cent rise from the previous year's figure. THE ASSOCIATED PRESS

A Pinterest user's virtual pinboard.
PINTEREST.COM/THE ASSOCIATED PRESS

Site success

Pinterest the latest in online sharing

Oh, you pretty things. Check out that lovely idea for an indoor planter made of mason jars and those perfectly cooked bacon strips cooling on a plate. This is what people are circulating on Pinterest, the latest website-of-the-moment for sharing things you love.

Pinterest serves as an online scrapbook of images they find on the web, a place to post fashion inspirations, decorating aspirations and more. It's a digital dream collage, a recipe box and a corkboard full of magazine clippings all at once.

The site's popularity has exploded in recent months, making it one of the fastest-growing websites in history. Its ascent to 10-million monthly visitors happened faster than any other site tracked by comScore. THE ASSOCIATED PRESS

Tech tussle

Yahoo files suit against Facebook

Yahoo is filing a lawsuit against Facebook over patents, following through on a threat it made last month.

Yahoo Inc. said in a court filing Monday that Facebook has infringed 10 of its patents covering advertising, privacy controls and social networking. THE ASSOCIATED PRESS

Dozens of Air Canada workers stage a noisy rally at Montreal's Trudeau airport Monday to denounce the federal government for eroding workers' rights. PETER RAY/THE CANADIAN PRESS

Air Canada workers protest intervention

Contract conflict.
Labour minister to introduce back-to-work legislation in Air Canada dispute

Air Canada employees staged a noisy but orderly protest against the federal government, accusing it of eroding workers' rights.

Outside Montreal's Trudeau airport, dozens of members of the International Association of Machinists and Aerospace Workers blew whistles and plastic horns Monday to protest the government's decision to prevent them from going on strike.

"We want to tell this government that it is anti-democratic," said Marcel St-Jean, president of the IAMAW Montreal local.

"They were elected democratically and all we want is that same democracy applied to us (and) that we have the right to negotiate a fair collective agreement for the membership."

The workers are upset that the Harper Tories have intervened several times in labour disputes, therefore weakening the position of employees as they negotiate new contracts.

Several carried placards marked, "Lisa Raitt, you're not right," in reference to the federal labour minister.

There was increased security at the Montreal airport; the employees were confined to a small area just outside the departures area and were surrounded by orange traffic cones.

St-Jean says that while workers are frustrated, they have no plans to disrupt operations and upset air travellers.

"We're not after the people, we're after the government and Air Canada," he said. "We just want a fair collective agreement."

Martin Noel brought his two-year-old son to the Montreal rally.

"We're not just fighting for our rights, we're fighting for our families," the 42-year-old baggage handler said. "I brought my son because I want to show that I'm a father and I have to take care of this little boy of mine and I really want him to have a nice future."

A union official said about 100 workers held a similar demonstration Monday afternoon at Pearson International Airport in Toronto. THE CANADIAN PRESS

Union dues

Flight attendants at Sunwing Airlines have voted to join the Canadian Union of Public Employees, the union said Monday.

- CUPE said the 700 flight attendants voted to join the union in a vote conducted by the Canada Industrial Relations Board.
- The union already represents flight attendants at several airlines including Air Canada, Air Transat, CanJet, First Air and Cathay Pacific, as well as ground agents at Porter Airlines in Ottawa.
- In January, the union representing 150 pilots at Sunwing Airlines merged with the Canadian Auto Workers union, which represents about 12,000 airline workers.

Market Moment

DOW JONES
$100.74 US
(+0.18¢)

TSX
12,428.01 (-75.61)

OIL
$106.34 US (-$1.06)

GOLD
$1,699.80 US (-$11.70)

Natural gas: $2.27 US (-5.5¢)
Dow Jones: 12,959.71 (+ 37.69)

THE GIRL WITH THE REGRETTED TATTOO

SHE SAYS...
Jessica Napier
metronews.ca/shesays

There are only a few certainties in my life. All that stuff about death and taxes you already know, but there's also this: I will never, ever get a tattoo.

How can I be so sure? Firstly, I hate needles. Wait, hate isn't a strong enough word; I loathe needles. I cower at the mere thought of these ~~torture devices~~ necessary medical instruments. Last week I went for a routine blood test and wound up having an embarrassing fainting episode in the middle of a busy hospital clinic. So, no, I don't do well with needles.

But let's say the piercingly painful tattoo needle wasn't an issue. Even if the ink was drizzled on pain-free, I would never want to inscribe my body with a permanent keepsake. The thing is, there are many things that I care quite deeply about at the moment; yet, how can I possibly know those feelings won't change over time? I don't think I own one item of clothing more than five years old, I change my Facebook profile photo on a weekly basis, I've lived in over 20 different houses/apartments over the course of my 26 years — my life is all about impermanence. I can barely commit to a nail-polish colour for longer than three days; how could I ever commit to an ink stain on my skin forever?

Recently, a friend of mine announced that she was planning on getting her tattoo removed. You can take a wild guess where that lingering artifact from her teenage rebellion is located — her lower back, of course. At 18 years old, her body art (I refuse to call it a "tramp stamp" since sexual promiscuity and tattoo ink have no logical correlation) was accompanied by a navel piercing and a bad attitude.

She was a rebel, just like every other teenage girl, and her mom hating tattoos was just part of the appeal. Funnily enough, disapproval from an external source (this time it's her boyfriend's distaste for indelible ink) is once again a contributing factor in her decision. The irony is clear.

I am so happy that I will never feel the deep, remorseful kind of regret that only an inspirational quote in a foreign language scripted on my skin can inspire. However, I know I'm in the minority; my generation seems increasingly obsessed with expressing individuality by doing something that everyone else is doing. After all, tattoos can be many things — beautiful, painful, attention-seeking, sentimental, permanent records of a drunken night out — but they are rarely unique.

Angelina Jolie covered up what was left of her regretted tattoo with the co-ordinates of where she met each of her children. GETTY IMAGES

Jolie, post-tattoo remorse, is seen in this 2004 photo. GETTY IMAGES

Jolie, with her then-husband, actor-director Billy Bob Thornton in 2001, and her "Billy Bob" tattoo. GETTY IMAGES

On Cloud Equine

REX FEATURES

Can you see it?

Head in the clouds

This cloud looks like an apparition of a great steed of old. This striking resemblance of a horse's cranium was spotted last week in the Welsh seaside town of Tenby. MWN

Behind the lens

"It had been pouring with rain, but it suddenly stopped and the sky opened up and there it was — a horse's head emerging from the beautiful blue sky."
Gareth Davies, photographer

Strange clouds

- **Kelvin-Helmholtz wave cloud:** Resembles a series of crashing ocean waves.
- **Mammatus cloud:** These ominous, bobbly and sagging clouds are named after Latin word for "breast."
- **Lenticular cloud:** Beautiful lens-shaped clouds that are commonly mistaken for UFOs.

Also spotted

Cloud in the news

A self-named "cloud appreciator" caused a storm in meteorological circles after proposing a new class of cloud "undulatus asperatus."

If successful, the cloud by Gavin Pretor Pinney, author of The Cloudspotter's Guide, will be the first cloud formation added in more than 60 years. MWN

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

What would you do first if you won the lottery?

- 28% QUIT MY JOB
- 28% HIRE A BODYGUARD
- 44% SCREAM
- 0% GO FOR A VERY EXPENSIVE DINNER

Twitter

@riobare: There should be a fifth season for Winnipeg between Winter and Spring called Sand.

@christellar: #DidYouKnow that Kevin Bacon spent the weekend in #Winnipeg ? He skated our famous river-ice-trail! #BaconInDaPeg

@corybeal: All of the craziest things I've ever seen or been a part of have happened in Winnipeg.

@NestaMAZING: That's it! I need some rubber boots. Preferably red. With polka dots. #Winnipeg

@jaypatters: Broken bone season arrives for Winnipeg seniors brave enough to go for a stroll on the sidewalk.

@progwinnipeg: No, Google, i am not giving you my phone number just in case my email gets 'hijacked.' I've given you enough already.

metro
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Jonah Hill and Channing Tatum star in 21 Jump Street. HANDOUT

Tatum makes the 'jump' into comedy

21 Jump Street. Co-stars Channing Tatum and Jonah Hill have plenty of fun remaking an old TV hit

STEVE GOW
scene@metronews.ca

When the idea of updating former television hit 21 Jump Street to the big-screen entered Jonah Hill's mind, there was one notion that stood out to him as particularly attractive.

"I think that everyone would like to relive certain parts of their lives with the knowledge they've accrued since that time," said the recent Oscar-nominated actor.

"If you had all the answers, you could go back and score big."

In this case, the fantasy of revisiting the past isn't just referring to adapting a Johnny Depp-lead TV show that debuted in 1987, but it speaks to the comedy's main plot: When two young-looking cops are assigned to bust a high school drug ring as undercover students, they get a chance to relive the prime of their youth.

For Channing Tatum — perhaps most recognized for his romantic dramas The Vow and Dear John — it was an opportunity to branch into comedy alongside a talented cast.

"(What I learned was) just be free," admitted Tatum of his rare attempt at broad big-screen comedy.

"You just have to sort of do it and be honest about what you're doing. Don't think about being funny," he adds.

"Don't say I'm in a comedy — that's what I told him," added Hill.

"You just pretend you're doing a drama but the circumstances and the characters are different."

Hill's advice is indicative of the trusting relationship the leads forged while filming 21 Jump Street (which hits theatres this Friday) — perhaps the most important ingredient in making the classic buddy action-comedy the film aspires to be.

"We had so much fun," said Tatum.

"I think this is one of those rare movies that the more fun that you have and such a good friendship that I think it shines through in the movie."

Getting laughs

"You just have to sort of do it and be honest about what you're doing. Don't think about being funny."

Channing Tatum, star of 21 Jump Street
Tatum talks about making the transition from drama to comedy

Quoted

Hill on making friends

Jonah Hill and Channing Tatum bonded on the set of 21 Jump Street.
Hill had this to say about his fellow star:

"You're asking the two leads if it's us that makes the movie good. Of course we're going to say yes, we're actors," laughed Hill.

"If we hated each other, you'd be able to tell. It wouldn't be as fun to watch."

DVD reviews

The Descendants

Director. Alexander Payne

Stars. George Clooney, Shailene Woodley, Amara Miller

●●●●●

Honolulu real estate lawyer Matt King (George Clooney) lives in paradise, but he can't see the beauty for the pain. His wife, Elizabeth, is in a coma following a water-skiing accident, his two daughters are sullen and rebellious, and he is coming down to the wire on a difficult decision he has to make about the sale of 25,000 acres of pristine Kauai shoreline. Despite Matt's problems, director Alexander Payne doesn't ask viewers to wallow in gloom. On the contrary, The Descendants is a stealth comedy that could leave you feeling woozy with unexpected contentment.

My Week with Marilyn

Director. Simon Curtis

Stars. Michelle Williams, Eddie Redmayne, Kenneth Branagh

●●●○○

Michelle Williams couldn't hope to match Marilyn Monroe's uncanny alchemy of innocence and seduction — and she doesn't, missing the sizzle of the situation.

Yet it's fascinating to watch Williams, a very fine actress, make the attempt. In the process she redeems a movie of such trivial effect, it might have worked better as dinner-theatre farce. My Week with Marilyn concerns events in 1956, when Monroe travelled to England to make a movie at London's Pinewood Studios. It's based on the memoirs of the late filmmaker Colin Clark (the undistinguished Eddie Redmayne).

Despite nice turns by supporting players Kenneth Branagh and Judi Dench, the film is little more than a vehicle to display Williams' considerable talents, which it surely does.

PETER HOWELL

2 SCENE

Scene in brief

Harvey to star in own TV show

Steve Harvey is going to star in his own daily television show, and it's going to be taped in Chicago. In a news release, Gov. Pat Quinn says the comedian, actor, author and radio host will host a one-hour program called Steve Harvey at the NBC 5 studios in Chicago. Quinn says the program will create about 100 jobs and could bring about 35,000 audience members and visitors to the city each year. The release says Harvey will cover a host of topics, from parenting to relationships to navigating today's workplace. Harvey is one of four comedians featured in the Spike Lee movie The Original Kings of Comedy and starred in the TV sitcom The Steve Harvey Show.

THE ASSOCIATED PRESS

On the Web

One year after disaster, Cyndi Lauper returns to Japan, urging support for devastated areas

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

McConaughey hearts Texas

Matthew McConaughey

Matthew McConaughey recently moved his family from Los Angeles to Austin, Texas, and he couldn't be happier with the decision.

"No one recognizes you and no one asks you, 'Hey, what do you do?,' because I don't think anyone cares," he explained during a speech at the Texas Film Hall of Fame awards, according to People magazine.

"My mother-in-law from Brazil has travelled around the world and we've lived in Los Angeles and New York," McConaughey said during his presentation.

"She says to me the other day, 'In L.A., people will walk on your back and stand on your shoulders to get where they are going. In New York, they will just pull out a gun and tell you they will kill you. Here in Texas, everybody walks together.'"

A good, friendly divorce

Katy Perry

It looks like Katy Perry's split from Russell Brand really was amicable, at least according to the pop star's dad, Keith Hudson.

"There are no hard feelings towards Russell," Hudson tells Us Weekly.

"I just received a text from him the other day in fact. He is a wonderful and smart guy."

Brand's divorce from Perry will be finalized in June.

As for the singer herself, "Katy is doing well just now," Hudson says. "Her career got really busy and she did not get to see that much of Russell. It was just one of those things."

Who knew? The Queen's a joker

While most wouldn't think of the British Royal Family as a humorous bunch, Prince Harry insists there are a lot of laughs out of the public view.

"She is very funny, but I think she gets it from my grandfather. They are very funny together," Harry tells the Telegraph about his grandmother, the Queen.

"My family is the same as any other family when it comes to humour behind closed doors, though I'd like to think I was funnier than my grandmother."

Leaked photos

Heather Morris ALL PHOTOS GETTY IMAGES

Heather Morris naked? Yawn

THE WORD
Dorothy Robinson
scene@metronews.ca

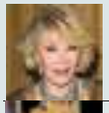
Nude photo "scandals" are becoming about as fun to write about as celebrity divorces. (Meaning: they're becoming a dime a dozen.)

The latest celebrity to fall victim to a phone hacking scandal? Glee star Heather Morris. A week after Olivia Munn and Mad Men star Christina Hendricks were hacked, naked photos of Morris in various risqué, naked poses were leaked on Sunday night. There's been no comment from Morris' team regarding the leak.

Before I jump into a few thoughts on this: Yes, I'm paid to think about the implications of nudie pics, and yes, my parents are very proud of me.

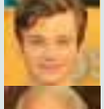
Now then. Why are these pictures always nude self portraits? And where are the pics they (should) be receiving in return? Honestly, by now aren't you all as bored of these "leaks" as I am? The only way this news will become exciting again is when a star's phone gets hacked and it'll have nude photos of other people on it.

Twitter



@Joan_Rivers
Just read that Jet Blue kicked a family off a flight when their 2-year-old had a tantrum. They are officially my favorite airline!

@Dolly_Parton
I think that all creative people are a little bit nuts.



@chriscolfer
I wonder, in lieu of texting, if anyone ever sent drunk pigeon messages back in the day...

@SteveMartinToGo
Got my first gray hair today.

Madonna juggles it all

Madonna

It's not easy being a single mother and having a career — not even for Madonna.

"I'm not going to lie — it's hard work having four kids and doing all the work I do," she tells the Sun. "It's a challenge juggling everything — multi-tasking is my middle name. I try to express that."

As for rebounding after her separation from ex-husband Guy Ritchie?

"Sometimes I cope with it very well, sometimes it's a struggle," she says.

Yes, it's true: Halle is engaged

Olivier Martinez and Halle Berry have kept fairly mum on their engagement, but Martinez is happy to confirm the news.

"Yes, of course we're engaged," he tells Miami.com at the opening of his new restaurant, Villa Azur. There are some things that Martinez would like to clear up, though:

"There is a jeweler taking credit for doing the ring and it's a lie," he says. "They have nothing to do with this."

Learning to deal with the effect of breakups

Time to wipe those tears and move on. Dr. Logan Levkoff, a relationship expert, has some advice for those going through

ROMINA MCGUINNESS
wellness@metronews.ca

Even the greatest loves come to an end. HANDOUT

Your issue: You can't eat, sleep or function properly. All you can think of is how much you miss being with them.
"It's normal to hurt and be sad whether or not your relationship was a good one or not. It took up a part of your life and now it's over, it's OK to mourn that. Think, 'that didn't work, what do I need from someone in my next relationship.

What are the things that are important to me and what are the things that I can let slide?'

This will help you figure out how to tackle things next time around. Surround yourself with people who make you smile, who let you unload and cry and be miserable but also are the first to tell you to snap out of it. Romantic relationships may come and go but you have friends in your life that might end up being more long term and monogamous."

Your issue: Being 'single' freaks you out. You don't want to get back together but you do miss being 'in a relationship'.
"Don't let a relationship define you. Remembering your success and worth in life isn't measured by your relationship status is hard in the light of things like the Facebook status icon.

Personal success should not be measured by relationship status as it's better to be single, fulfilled in life and have great friends than be unfulfilled physically or emotionally with a crappy partner."

Your issue: You can't stay away from them. One call or text from them saying they miss you and you're back in their arms as if nothing ever happened.
"There's a difference between going back to an ex for sex because you want some kind of physical outlet than going back because you hope it's going to work out despite your differences.

Evaluate who you are. If you're the kind of person who can have sex with an ex just for the sake of it, great, but not everyone can. If this is going to get you right back into that world where you're going to get your heart broken again it's not the best decision to make."

Your issue: You go out on the hunt. Finding a replacement will help you get over them. If you randomly bump into each other, you need someone on your arm to spite them.
"Deliberately going out and looking for a new relationship is a bad idea. There is a difference between randomly finding someone right after a break up that you have this great chemistry with to being on the hunt to replace the one you lost. That said, we sometimes develop great relationships at times we are not looking for them, especially right after we have broken up."

Your issue: You're constantly checking Facebook and twitter to see what they have been up to so you can sniff out possible new relationships.
"Know yourself. If you're the kind of person who knows that they will get a little crazy and stalker-like on Facebook and twitter, and that every time they post something this is going to send you over the edge and cause you to spiral downwards into misery then now would be the time to delete it and not give yourself access to those things."

The breakup playlist

Songs to match your playlist to your mood

- **So sad.** Adele: Someone Like You
- **Too bad.** Fleetwood Mac: Go Your Own Way
- **Cheesy.** Katy Perry: Part Of Me
- **On the ledge.** Taylor Swift: White Horse
- **Desperate.** Celine Dion: My Heart Will Go On

Celebrity breakups

Elizabeth Taylor and Richard Burton

The classic love hate scenario. At least she amassed a stack of diamonds by the end of it.

Elizabeth Taylor and Richard Burton

Seal and Heidi Klum

We're still in denial over this one. It should be illegal to break up when you make such cute babies.

Seal and Heidi Klum

Jennifer Aniston and Brad Pitt

Does anyone still care about this? Jen does, if you believe the tabloids. Which no one does.

Jennifer Aniston and Brad Pitt
HANDOUT PHOTOS

Breakup rules

The rules to dealing with a breakup

- **Love yourself first.** That puts everything into perspective.
- **Contain your pain.** Venting on Facebook or Twitter just makes you look immature.
- **Unrequited love.** If someone doesn't treat you as an equal, then it won't work.

3 LIFE

Feels good

Effective massage

Massages can be as effective as painkillers. Scientists at McMaster University in Hamilton, Ont., found that the pain reduction associated with a massage is of a similar mechanism to anti-inflammatory drugs.

Metro World News

A new study shows

Death of the king-sized candy

M&M binge days are officially over. By the end of next year, chocolate manufacturer Mars will be capping the calorie content per bar to 250 calories or less. As the world gets fatter and fatter, any counteractive plan is welcome. But will this stop you from buying two bars if one isn't enough?

On the Web

Eating disorders a 'secretive disease': experts help parents spot the signs

Discover baked perfection at this little bakey with big taste

Salami Sandwich SJVETLANA MLINAREVIC

LUNCH RUSH
Svjetlana Mlinarevic
life@metronews.ca

There are days during the week when we don't have time to go out for a leisurely sit-down lunch.

For those of us on the hectic side there is a little bakery in town that makes some of the best baked goods around.

The Crusty Bun has a bountiful selection of sandwiches, pastries and breads.

Its sandwiches ($4) are filled with cheese, lettuce, tomato, pickle and varied meats. The biggest sandwich on the menu is the Schnitzelburger ($7.95), which features a very large pork or chicken schnitzel. The buns for these parcels of goodness are crusty on the outside and chewy on the inside As a European, I like that.

For those of you with a sweet tooth, the bakery also offers many wonderful pastries, and my favourite is the Cream Ball ($2.50). A variation on a cream puff, this little brioche cream-filled bomb tastes like vanilla heaven.

I keep coming back to this bakery time and time again, and you will too.

Visiting the restaurant

The Crusty Bun

Address. Unit H-1026 St. Mary's Rd.

Phone. 257-7311

Website. crustybun.com

Rating. 5/5

Price range. $.45 - $12.35

Lunch with co-workers. Yes

Social lunch. Yes

Quick solo lunch. Yes

Basque Chicken Stew.
Thighs are the base for vibrant Spanish dish

Ingredients

- 2 tomatoes
- 500 g (1 lb) boneless, skinless chicken thighs
- 30 ml (2 tbsp) olive oil
- 1 onion, chopped
- 1 red bell pepper, chopped
- 45 g (1 1/2 oz) prosciutto
- 2 cloves garlic, minced
- 2 ml (1/2 tsp) each salt and smoked paprika
- 1 ml (1/4 tsp) pepper

1 Cut tomatoes in half crosswise. Gently squeeze out seeds and chop; set aside. Trim off excess fat from chicken thighs; cut each in half.

2 In large saucepan, heat 15 ml (1 tbsp) of oil over medium heat; cook chicken, in batches, 3 minutes per side or until golden. Transfer to plate.

3 Add remaining oil to pan; cook onion and red pepper for 3 mins. or until softened. Add ham, garlic, salt, paprika and pepper; cook 1 minute. Stir in tomatoes. Nestle chicken in sauce and bring to a simmer; cover and simmer for about 15 minutes or until juices run clear when chicken is pierced.

FOODLAND ONTARIO/ THE CANADIAN PRESS/ ADAPTED BY EMILY RICHARDS (VISIT EMILYRICHARDSCOOKS.CA)

Classic deli flavours all rolled up

Here is a great way to enjoy the tastes of a deli wrapped up in one sandwich!

A stromboli is kind of a cross between a grinder and a calzone. Bread dough is rolled out, filled with sliced meats, cheeses and vegetables, then rolled up into a roll and baked.

To serve, stromboli are simply sliced like a loaf of bread, creating a spiral baked sandwich that is perfect for large parties.

If you like, you also can serve sandwich condiments (or even warmed marinara) alongside the stromboli slices for dipping.

This recipe offers suggestions for fillings, but mix and match to suit your group (or devise your own combination).

Just be careful with vegetables. Because you will be baking the fillings in the dough, watery vegetables (such as tomatoes) can release too much liquid during cooking. To avoid this, cook most vegetables in a skillet before adding them. Change up the flavours by using different vegetables and other favourite pizza fillings and cheeses.

Ingredients

- Cooking spray
- 15 ml (1 tbsp) olive oil
- 500 ml (2 cups) chopped raw vegetables, such as peppers, onions and mushrooms
- 2 cloves garlic, minced
- 50 ml (1/4 cup) chopped pitted kalamata olives
- 15 ml (1 tbsp) drained chopped capers
- 5 ml (1 tsp) dried Italian herb seasoning
- Salt and freshly ground black pepper
- 1 ball pizza dough (about 550 g/20 oz)
- 285 g (10 oz) sliced deli meat, such as salami and ham
- 250 ml (1 cup) grated provolone or mozzarella cheese

1 Coat a large baking sheet with cooking spray. In a large skillet heat oil over medium-high and cook the vegetables and garlic, for about 5 to 10 minutes or until all veggies are tender and any liquid has evaporated.

2 Stir in the olives, capers and Italian seasoning. Season with salt and pepper, then set aside to cool slightly.

3 On a lightly floured surface, roll out the dough to a 30-by-40-cm (12-by-16-inch) rectangle. Arrange sliced meat over dough, leaving a 2.5-cm (1-inch) border on longer sides, as well as the end farthest from you. Spread the cooked vegetables of your choice over the meat, then sprinkle with cheese

4 Starting with the side closest to you, roll the stromboli up like a log. Pinch seam and ends to seal. Transfer log to prepared baking sheet with seam on bottom.

5 Using a paring knife, make 3 deep slits in top of loaf. Heat oven to 190 C (375 F). Let stromboli rest for 20 minutes while oven heats.

6 Bake for 40 to 50 minutes or until a meat thermometer inserted at the centre reads 83 C (180 F). The outside should be golden brown and should sound hollow when tapped. Let cool for at least 20 minutes before slicing.

THE ASSOCIATED PRESS/ ADAPTED BY EMILY RICHARDS (EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR, TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA)

This recipe serves 10. MATTHEW MEAD/ THE ASSOCIATED PRESS

Are we money dummies?

Financial literacy. Canadians still have a long way to go when it comes to being savvy about spending and saving

YOUR MONEY
Alison Griffiths
money@metronews.ca

If there's a growth industry in Canada over the past several years it's been financial literacy. We have seminars, forums, conferences, gala dinners, government pronouncements and umpteen columns and blogs by personal finance writers all aimed at promoting and improving financial literacy.

Heck, we Canadians even have a financial literacy month — it's November if you didn't already know!

So how have we done?

Not that well, according to a survey just released by the Financial Consumer Agency of Canada. The agency asked five questions of more than 2,000 Canadians. Shockingly, only four per cent of respondents got all the questions right and only 23 per cent correctly answered four of the five. And these questions were hardly stumpers! Take the true or false test yourself.

How do joint accounts work?

- **Sharing: 86% of Canadians know that joint account holders have equal responsibility for their chequing and savings accounts.**

1. When you open an account, the bank must give you a written statement of all service fees and charges.
Correct answer: True. If you got this one right, you're in good company, as 80 per cent of those surveyed did also.

2. You won't pay interest on a cash advance as long as you pay your credit card balance in full by the due date indicated on your statement.
Correct answer: False. Only 40 per cent got this right and it can be a costly mistake as interest is charged the minute you withdraw the money.

3. A bank cannot refuse to open an account because a person has filed for bankruptcy, doesn't have a job or has no money.
Correct answer: True. Only 35 per cent knew about this basic right.

Alison's money rule: If you are aiming for financial literacy, start by checking your basic assumptions. ISTOCK PHOTO

4. If you want to pay off or renegotiate your mortgage before the maturity date, you will never have to pay a penalty greater than three months' interest.
Correct answer: False. Sixty-one per cent got this one wrong and it too can be a costly mistake.

5. Financial institutions allow account holders to share their PIN with other family members, such as a spouse.
Correct Answer: False. Hearteningly, 67 per cent got this correct.

While there was some encouraging news in the survey results, overall the fact is Canadians still have a long way to go until they are financially literate. **ALISON GRIFFITHS IS THE AUTHOR OF COUNT ON YOURSELF: TAKE CHARGE OF YOUR MONEY. REACH HER AT ALISONGRIFFITHS.CA OR GRIFFITHS.ALISON@GMAIL.COM**

Protect your money

March is fraud prevention month

FUN AND FRUGAL
Leslie Scorgie
money@metronews.ca

I 'win a free cruise' by way of an unsolicited phone call at least once a month. I don't know why or how my phone number is made available to these fraudsters, but it happens and it irritates me.

Fraud prevention is important so that you don't end up in a poor financial position you didn't create.

Take a common sense approach to protecting your personal and financial information. If an offer looks too good to be true, it probably is! If you don't recognize a phone number, don't pick it up. Let it go to voice mail. Legitimate people will leave a detailed message and request a call back. If a stranger wants your personal information or to sell you a suspicious product or service, stop talking to them!

Beware of individuals that try to sign you up for a sales program that looks like a pyramid or Ponzi scheme. If you get a bad vibe from someone, or the company they are associated with, don't ask them for referral. You'll need to conduct independent research. When surfing the Internet or social networking, limit the amount of information you disclose. Never give out your address, phone number or banking information.

If you're shopping online, ensure the payment website is secure. If you're not sure it is, call the company that makes the product directly and talk to the privacy officer. Never click on a pop-up window, especially if the ad is requesting your personal information. If you receive email requests for information, verify the message and sender using a third party unrelated to the message. Change your passwords regularly. Typically a combination of numbers and letters is best. Update t your computer's operating system and install a security system that includes a personal firewall, anti-spam, anti-virus and anti-spyware. Log off everything; especially online banking.

Simply put, don't leave yourself vulnerable to fraud! **FIND ME ON TWITTER @LESLEYSCORGIE**

Remember: Etiquette is for everybody, everyday

You don't need Nanny McPhee's magic to improve your kids' table manners. HANDOUT

CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Dear Charles, I love your column. And now I'm in need of some advice. Do you know of any courses in etiquette? I ask because I would like to help children with etiquette, especially those with less advantaged backgrounds. However, I can't find any courses in Toronto.
Yours truly, Roberta
Dear Roberta,

Thank you for your kind words about my column. It is so much fun to write and I consider myself very lucky to work with all of you readers.

Regarding etiquette classes for children, I have looked across Canada and have not found any as of yet. What I have seen however, is sometimes a local church or private club will invite an etiquette expert in their area to speak to their members and sometimes they will do a children's class. I believe very strongly that if this is something you believe in, that you should organize a group in your local area and invite an etiquette expert to come and speak. Remember etiquette is not for rich or snobby people; etiquette is for all of us, everyday. I believe that children who are taught etiquette lessons when they are young have better opportunities in life and in business because of their social skills. And selfishly, it is just so much nicer for all of us to be around someone with good manners! So go out there, get something organized and let us know how it goes. If you write to me I will do my best to guide you and your group through the process!

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NO TIME LIKE THE PRESENT

ONLINE OR OFFLINE, THE SOONER YOU START LOOKING FOR A SUMMER JOB, THE BETTER

Getting a summer job is like buying concert tickets — the best ones go first and the latecomers are stuck with the cheap ones. Employment experts say the sooner you start your summer job hunt, the better.

Karin Lewis, an employment counsellor and social media expert at JVS Toronto, says a great place to start your search is online.

"Google is the most effective and flexible job-search tool," she says. Search "summer+job+Halifax" (or wherever you are looking) to get results in your area. Mark "pages from Canada" to limit results.

Set up a Google alert with your key terms to have the search giant filter job postings and email them you.

Make sure your bio reflects your professional ambitions, your photo makes you look employable, and don't flame people about your drinking habits.

Create a solid LinkedIn profile. You can use it as your online resumé and connect to potential employers. Some jobs even require you apply via LinkedIn.

"If you have a good profile on LinkedIn and someone Googles you, that's the first thing they'll find," Lewis says. "It's a good way to control what people find."

There are also lots of job sites like Monster.ca, Jobsposting.ca and even Kijiji.

For offline, check out your local employment centre or your university's student services centre. When you apply, use the keywords that describe the job in the posting. Direct it to the person specified. It's better to make a short list of jobs you really want and put a lot of time into those applications than to just fire off dozens of generic emails to dozens of companies.

Make sure you understand the terms of the job. A summer internship on a magazine might sound perfect for a budding writer, but it might not be paid.

– Jon Tattrie

WAVEBREAK MEDIA/THINKSTOCK

RED RIVER COLLEGE

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Launch, change, or advance your career this spring with the School of Continuing and Distance Education.

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Continuing Studies Continuing Success

SPRING INTO A NEW CAREER

WITH NEW RED RIVER COLLEGE PROGRAMS

ISTOCKPHOTO/THINKSTOCK

With spring on the horizon, now is the perfect time to explore the new programs and courses offered through Red River College's School of Continuing and Distance Education.

Through Continuing Studies, students can access the 100-plus career training programs offered by RRC on a part-time and full-time basis in such fields as business, IT, health sciences, applied arts, skilled trades, community services, education, and many more.

Even better, courses are available via a range of delivery methods, including distance, online, and evening and weekend classes. This year, the college is excited to launch a number of new Wine and Spirit Education workshops — delivered in conjunction with RRC's School of Hospitality and Culinary Arts, and presented by the experts at Banville & Jones Wine Co., and the Manitoba Liquor Control Commission.

Courses in Residential Decorating are also on tap — allowing students to improve the form and function of their living spaces through tutorials in Home Staging, Kitchen Decor, Outdoor Living Decor and Decorating Software Applications.

"We're excited to expand our course menus in Residential Decorating, and Hospitality and Tourism," says Susan Andree, program manager of Applied Arts and Communication with RRC's School of Continuing and Distance Education. "We're looking forward to providing all of our students with a great taste of Manitoba decor and hospitality."

All RRC programming is taught by supportive instructors with proven industry experience. The college's commitment to industry responsiveness helps prepare students for job market success — according to recent survey results, 95 per cent of grads seeking employment found work after graduation.

For more information on these or any other programs, visit rrc.ca/c+de, call 204-694-1789 or 1-866-242-7073, or email cde@rrc.mb.ca.

IMMACULATE HEART OF MARY SCHOOL PHOTO

High standards

Immaculate Heart of Mary School has a solid reputation

Immaculate Heart of Mary School fosters a unique culture that recognizes the central role of parents, teachers, and faith in the development of young people. It has been providing primary school education from nursery to Grade 8 with a one-of-a-kind affordable Catholic educational experience for more than 105 years.

Principal Rod Picklyk says Immaculate Heart prepares children for the future through high academic standards, a strong sense of community, a solid reputation for promoting high values and moral standards, and a special concern for the spiritual and cultural development of its students.

Founded in 1905 by the Sisters Servants of Mary Immaculate Heart, it's the only Ukrainian Catholic school in Western Canada. Plans are underway for a new 43,000-square-foot state-of-the-art school in Old Kildonan to meet growing demand for high-quality Catholic education and provide a state-of-the-art learning environment.

The school sets high academic standards and students consistently score well in national and provincial testing. The main curriculum is taught in English, supplemented with strong French and Ukrainian courses and a second-to-none music program.

With dedicated teachers and small class sizes compared to the public school system, Immaculate Heart of Mary School celebrates success and challenges students to do better. Graduates are accepted at the city's finest high schools and have gone on to excel academically, socially, artistically and athletically.

"Like any parent, I'm really proud of my kids. There are lots of reasons that they've turned out the way they have but I think the education and grounding they received at Immaculate provided a strong foundation," says parent Walter Dlugosh.

"I will never forget the first time my wife and I visited Immaculate. As soon as we entered the school, we knew this was a special place. It was very obvious that children were being nurtured."

New facilities

The new school will be more than double the size of the existing school. It will provide bright educational spaces and facilitate modern teaching methods.

There will be a larger gymnasium with movable theatre seating and a spacious common area.

It will be a meeting place and an active part of the Ukrainian community.

THE SPIRIT IS STRONG

Immaculate Heart of Mary School

IHMS is Manitoba's only Ukrainian Catholic School; and is an educational opportunity for your child that you cannot afford to pass up.

For over 100 years IHMS has provided an affordable, safe and secure learning environment, a strong sense of community, a solid reputation for promoting high values and moral standards, and a special concern for the spiritual and cultural development of its students.

Four pillars of excellence are its hallmark: a commitment to the core skills of a superior education; an accomplished extracurricular athletic program; a vibrant musical performing arts program; and ever-advancing information and communication technology methods.

This has led to IHMS students consistently scoring high on national and provincial testing, as well as graduates having an excellent acceptance rate at secondary schools.

IHMS offers classes from Sadochok (nursery) to grade 8. If you have a child or children in the early to middle-years age group and are seeking a Christian-based education steeped in Ukrainian culture, then you should contact IHMS.

Please contact the school directly at 582.5698 to set up a tour. For more detailed information, please visit the IHMS website: www.ihms.mb.ca

IMMACULATE HEART OF MARY SCHOOL, 650 FLORA AVENUE, WINNIPEG

4 SPORTS

In brief

Perfect bracket extremely unlikely

Want to be sure of filling out the perfect March Madness bracket this year? Not possible. If you were to stack the amount of paper it would take to fill in every bracket with every possibility among the 68 teams who will play 67 games over the next three weeks, it would not fit inside the universe. So says Michael Weimerskirch, a math professor at Augsburg College, who gets paid to think about numbers and the way they affect the Kentuckys, Butlers and VCUs of the world.

THE ASSOCIATED PRESS

Injury on Jets' fourth line gives Fehr new opportunity

NHL. Noel adjusting lineup as team prepares for three games at MTS Centre

Head coach Claude Noel says the Jets have "got to do what we've got to do to win games." MARIANNE HELM/GETTY IMAGES

As he looks to rebuild the Winnipeg Jets' playoff hopes, head coach Claude Noel finds himself tinkering with a fourth line that has done a lot for his team's confidence this season.

The GST line (Tanner Glass, Jim Slater and Chris Thorburn) has lost Thorburn to injury, forcing the team's gritty assistant captain out at a crucial point.

As of Monday, it looked like Eric Fehr would replace Thorburn. At six foot four and 212 pounds, Fehr might have the size but Noel admits he's not a perfect match for a checking line.

"I don't think there's necessarily a fit there," he said Monday after practice. "He's not a checking type of player, he's more of a scorer, finishing type of player but that's where the door opens right now."

And once again, Noel has put the onus on the native of Winkler, Man., to break out. Fehr has been sidelined by injury in the past but Noel has also left him sitting for much of the season because of his level of play.

"He needs to look at that and say, 'I've got to find my way and get from the third or fourth line to a more prominent role,'" Noel said. "I'm not going to give him an automatic berth into the top six."

Fehr has one goal and one assist in 33 games this season, his first in Winnipeg. Fehr's best campaign came with the Washington Capitals in 2009-10 when he had 21 goals and 18 assists in 69 games.

"Confidence is not an easy thing to get," Fehr said after practising with Glass and Slater. "I've got to find a way to get confidence, whether it's five minutes, 10 or 15 and try to play a skilled game."

But while Fehr wasn't taking anything for granted, Glass was wondering aloud whether his new linemate had a T in a middle name so they could keep the unit's nickname alive.

"I'm not exactly sure what we're doing come gametime but, right now, I'm practising with them so it's great," said Fehr. "They work hard, they battle hard and that's what I want to do as well."

Heading into Monday's action, Winnipeg was tied with Buffalo for ninth in the Eastern Conference with 72 points apiece, four points behind eighth-place Washington. The good news for the Jets is their next three games are at home, where they're ranked eighth overall in the NHL, compared to a dismal 28th on the road.

Buffalo beat Montreal 3-2 in overtime on Monday to assume sole possession of the ninth spot.

The Florida Panthers lead the Southeast Division with 77 points and have a game in hand on Winnipeg. That makes the prospect of reaching the playoffs by winning the division less likely for the Jets.

"We've got to do what we've got to do to win games," said Noel.

Winnipeg's first chance comes Wednesday when it hosts the Dallas Stars, who lead the Pacific Division with 81 points.

"It doesn't really matter what other teams are doing right now, we're still right there and we have big games coming up," said Blake Wheeler, who has a personal-best and team-leading 56 points this season. "If we keep winning, at some point the teams we're now chasing are going to lose.

"Just get back to playing the way we were at home before."

THE CANADIAN PRESS

NHL. Support grows among GMs for change to icing rule

When NHL general managers sit down to discuss rule changes, two principles guide them through the decision-making process.

"Every time we make a rule it's about safety or scoring more goals," Carolina Hurricanes GM Jim Rutherford said Monday.

The 30 custodians of the game emerged from the first day of their annual March meeting feeling optimistic that they'll be ready to recommend a change that falls under each category.

After years of discussion, it looks like there is finally enough support to adopt a hybrid-icing rule that would see the faceoff circle being used as the marker where a play can be blown dead. It's already in place in NCAA hockey and is designed to keep players from crashing into the end boards while racing back for the puck.

"It makes sense, it makes it safer for the players," said Rutherford. "You're not going to get as many of those collisions right along the boards."

The second change that earned strong support was the elimination of hand passes in the defensive zone — an infraction that could become a penalty. The GMs feel too many players are using the ability to glove the puck with their hand as a tactic on faceoffs.

No official rule changes have yet been proposed.

While hybrid icing and the elimination of hand passes both earned the approval of the seven managers who discussed them in a breakout session Monday, they still need to be debated by the entire group before the meetings wrap up Wednesday. Twenty managers must give their support a rule for it to be passed on to the competition committee.

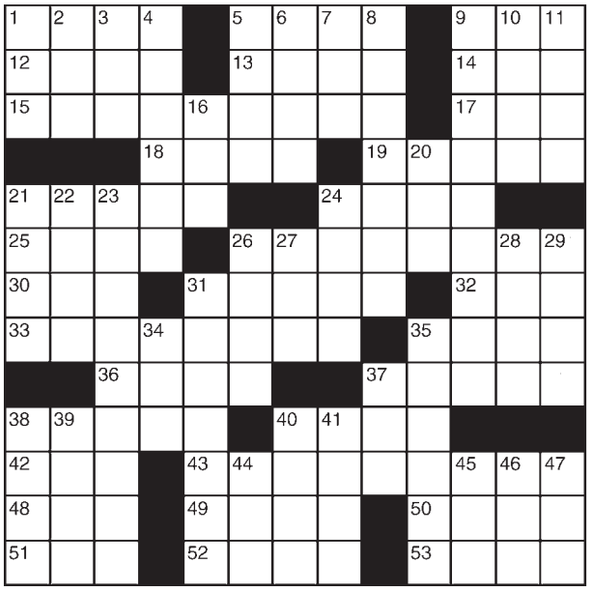
THE CANADIAN PRESS

Hybrid-icing rule

Under the new proposal, icing would be called if the defending player crossed the faceoff circle first.

- The play would be allowed to continue in instances where the attacking player was leading the race. "We don't want to eliminate the chase," said Florida Panthers GM Dale Tallon.
- Leafs GM Brian Burke had previously put it on the agenda for five years running without any success, but more support started to build after managers saw it in action at the summer research and development camp.
- A number of players have been seriously injured while racing for the puck, including Edmonton Oilers prospect Taylor Fedun, who shattered the femur in his right leg during pre-season and only recently started skating again.

Crossword



Across

1 Paper quantity
5 Begged
9 Prepared
12 — Major
13 Threw
14 Boston cream —
15 1969 Peter Fonda movie
17 Anger
18 Golf target
19 Helped
21 Needed liniment
24 Formerly
25 Lather
26 Harassed
30 Spring mo.
31 Tea type
32 Has possibilities
33 Juniper variety
35 Cow palace?
36 Long-popular musical
37 Tubular pasta
38 Fluttering sound
40 Indiana politico Bayh
42 Stashed
43 Pillow filling
48 Eisenhower
49 Cabin makeup
50 Great Lake
51 Apiece
52 Fat
53 Landlord's due

Down

1 Regret
2 Historic time
3 Donkey
4 Willful violence
5 TV's Dr. McGraw
6 Source of wealth
7 Leading lady?
8 Madden
9 "Turn Off the Dark" hero
10 Ireland
11 Got ready to drive
16 Scepter
20 Hockey surface
21 Somewhere out there
22 Manage somehow
23 Autumnal drink
24 Smell
26 Hotel furnishings
27 Alias (Abbr.)
28 Deserve
29 Unit of force
31 "Stormy" seabirds
34 Ford or Lincoln
35 Binge
37 Standard
38 Lash
39 Raise, as prices
40 Advantage
41 Part of a three-piece suit
44 Debtor's letters
45 Raw rock
46 Victory
47 Trawler need

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Monday's answer

O	O	H	S		W	O	K		A	G	E	S		
P	R	E	M	I	E	R	E		C	O	R	A		
S	E	M	I	N	A	R	Y		C	A	S	K		
			L	O	N		S	V	E	L	T	E		
A	L	I	E	N		S	T	E	P					
B	A	B	Y		P	L	O	T	T	E	R			
A	C	E		B	R	U	N	O		T	O	W		
	E	X	P	L	O	R	E		A	U	T	O		
			R	A	M	P		P	R	I	C	E		
W	A	S	A	B	I		S	H	E					
A	L	L	Y		S	E	M	I	N	O	L	E		
R	O	U	E		E	M	U	L	A	T	E	S		
D	E	E	D		D	U	G		S	T	O	P		

Sudoku

	9		7	2				
	4		1				2	5
		3	5			4		
						9	6	1
9				4				8
5	3	8						
		4			2	8		
3	6				1		7	
				7	6		3	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Monday's answer

3	4	8	9	6	2	1	5	7
7	1	5	3	4	8	6	2	9
6	9	2	1	7	5	8	4	3
1	8	6	7	3	4	5	9	2
4	2	9	5	8	1	7	3	6
5	7	3	6	2	9	4	1	8
9	3	7	4	1	6	2	8	5
8	6	4	2	5	3	9	7	1
2	5	1	8	9	7	3	6	4

Send a kiss

- **MUFFIN.** Do you remember when we said "I love you" to each other? That was a very long time ago, almost 10 yrs. I sit here now and think... How could I love you anymore then I do, but that is what I thought back in 2002. You have shown me the way a women is supposed to be treated, With Love and Respect. You are the LOVE of my life.. I love you more as each day passes!! From PIE
- **Bandri.** HEYY baby. cant stop thinking about you , my life is complete with you ..dont ever think of leaving me , muuaahhh a lots of hugs and kisses ....be mine forever as my Wife <3 Marry me. From Harmeet
- **True.** Waiting on a sunny day, they sure will come to us all. Your smile brings the morning light to my eyes and I'm hoping that you're coming to stay. :)
- **Nicki .** I love you with all my heart. From Tristan

Weather

TUESDAY	WEDNESDAY	THURSDAY
MAX: 11° MIN: -3°	MAX: 9° MIN: 7°	MAX: 8° MIN: -4°

BT BREAKFAST TELEVISION

JENNA KHAN
WEATHER SPECIALIST
"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 5:30 AM**

Horoscope

Aries | March 21 - April 20. If you have so much to do that you really don't know where to start maybe you should call in an expert.

Taurus | April 21 - May 21. Fame, money and success are important, of course, but the planets are reminding you that there are others things in life you should be focusing on now.

Gemini | May 22 - June 20. It's not immoral to benefit from what your inner voice tells you. In fact that's the reason it's telling you.

Cancer | June 21 - July 22. Do you forgive someone who has hurt you? Your first duty is to protect yourself.

Leo | July 23 - Aug. 22. Make use of other people's knowledge and experience to get what you need.

Virgo | Aug. 23 - Sept. 22. Whatever task you are currently working on you must finish it quickly because by the end of the week you will be on the move again.

Libra | Sept. 23 - Oct. 22. You can get a great deal done with very little effort over the next 24 hours.

Scorpio | Oct. 23 - Nov. 21. If a proposed deal of some kind does not feel right to you then you should either find out more about it or, if that is not possible, give it a miss.

Sagittarius | Nov. 22 - Dec. 21. Do whatever it takes to stay on good terms with partners and loved ones. Show them what tranquility looks like.

Capricorn | Dec. 22 - Jan 20. Don't just assume that other people are telling the truth – check their facts and figures.

Aquarius | Jan. 21 - Feb 18. You will accomplish a lot on your own today but you will accomplish so much more if you make an effort to be a team player.

Pisces | Feb. 19 - March 20. You seem to be negotiating from a position of weakness at the moment and that means you are unlikely to get the best deal. What can you do to strengthen others' respect for you? SALLY BROMPTON

Caption Contest

"Good try, but you're supposed to go UNDER the limbo stick!"
Liz

MARTIN MEISSNER/THE ASSOCIATED PRESS

Win!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in Wednesday's Metro.

WagJag.com

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$35 FOR AN INDIVIDUAL TAX RETURN FROM JACOBS TAX SERVICES (A $70 VALUE)

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Buy For: $35

CURRENT DEALS

Buy For: $15

$15 FOR A PAIR OF TOUCH SCREEN GLOVES FROM CASUAL DISTRIBUTING (A $39 VALUE)

HIGHLIGHTS

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HIGHLIGHTS

- Led by Brad Pattison, TV host of the show "At the End of My Leash"
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$30 FOR A CALORIE-COUNTING EXERCISE WATCH FROM CHOOSE HEALTHY TODAY (A $60 VALUE) - SHIPPING INCLUDED WITHIN CANADA

HIGHLIGHTS

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